

**An Inside Look At Hockey From A Person Who Has
Been An N.H.L. Professional Player for 15 Years**



**Andrew Brunette
Chicago Blackhawks**

**Robert Kirwan
True Sport Movement**

TRUE SPORT PRESENTS

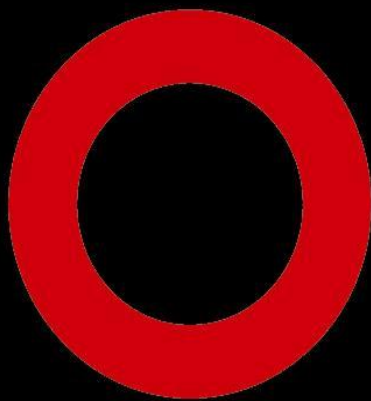
A SPECIAL FOUR PART INTERVIEW

FEATURING

**Andrew Brunette
N.H.L. Professional Hockey Player
Chicago Blackhawks**

&

**Robert Kirwan, Northern Ontario
True Sport Community Animator**



**TRUE SPORT
lives here**



Andrew Brunette Shares His Thoughts On the Values & Principles That Have Played A Role In His Development As A Professional Hockey Player & As A Person

Anyone who knows Andrew Brunette will tell you that this is a man who has always kept his feet firmly on the ground, despite the fact that he has enjoyed a very successful career as a professional hockey player in the National Hockey League. Even though he has enjoyed all of the benefits that come from his career on the ice, he is just at home on the golf course, at bat in a slo pitch game, or hanging out at a fish fry with the “Valley Boys” he grew up with in the Town of Valley East. Indeed, if a stranger didn’t know who he was, they would have trouble identifying the “N.H.L. player” in the crowd when he is with his friends. That is just who Andrew Brunette is today and who he has been all his life.

He just loves what he does! He loves the game of hockey and has spent his life pursuing his dream. To him, hockey is his career and he will continue to play the game as long as he can, but he hasn’t let the game change who he is.

Andrew discussed some of his feelings and thoughts about the game recently in a four-part video interview with Robert Kirwan, True Sport Community Animator for Northern Ontario. During the interview, Andrew make it clear that having fun, respecting your opponents and the game itself, trying at all times to make yourself better and striving for excellence, and staying healthy are all principles that are very important, not only to him, but also to most of the players he has met during his long career.

“I don’t care what you are doing in life, if you are not having fun, there is no amount of money that is going to make you happy,” he stated. “You must enjoy what you are doing and then everything else will take care of itself.”

Andrew touches on many different topics during the interview which can be accessed by following the links below:

FOUR PART VIDEO INTERVIEW ON YOU TUBE

<u>Introduction</u>	<u>Part Two</u>	<u>Part Three</u>	<u>Conclusion</u>

[PLAY VIDEO](#) [PLAY VIDEO](#) [PLAY VIDEO](#) [PLAYVIDEO](#)

Robert Kirwan and Andrew Brunette had a chance during the off-season to talk about hockey and the values and principles that are not only important to him as a professional hockey player, but also those values he tries to live by in everything he does. The four-part video was done in Andrew’s garage/training room at his summer home in Valley East. Bob and Andrew covered a lot of topics during the interview, which will be of interest to parents and coaches.

Join the Movement.

Joignez-vous au Mouvement.

Go For It

*Always rise to the challenge.
Dance to the beat you can do.*

Play Fair

*Play honestly and obey the rules.
If losing is only real when
competition is fair.*

Respect Others

*Respect teammates, competitors
and officials both on the field and off.
Win with dignity and lose with grace.*

Keep It Fun

*Have a good time.
Keep a positive attitude and
contribute to a positive atmosphere.*

Stay Healthy

*Respect your body.
Keep in shape.
Avoid unsafe behaviors.*

Give Back

*Do something that helps
your community.*



Vas-y

*Relève le défi!
Dépense-toi et amuse-toi!*

**Fais preuve
d'esprit sportif**

*Joue honnêtement et adhère aux règles du jeu.
L'esprit sportif n'est réellement mis en
jeu lorsque la compétition est loyale.*

**Respecte
les autres**

*Respecte tes coéquipiers et adversaires, les arbitres
et les officiels sur le terrain et en dehors du terrain.
Montre toi un joueur respectueux et un bon perdant.*

Amuse-toi

*Amuse-toi bien.
Prends une attitude toujours positive,
c'est la base de ta vie sportive saine.*

**Garde une
bonne santé**

*Respecte ton corps et évite les mauvais comportements.
Ne t'engage pas dans des comportements dangereux.*

Donne en retour

Prends en compte ta communauté.

truesport.ca

sportpur.ca

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FOR MORE INFORMATION

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Andrew Brunette
[Chicago Blackhawks Stats Page](#)