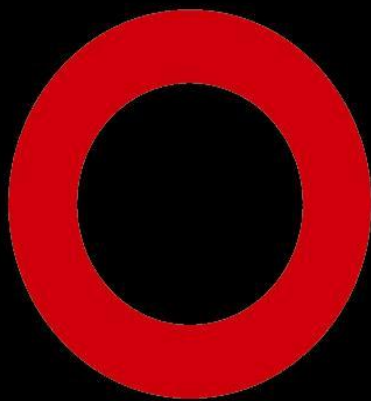


VALLEY EAST RENEGADES



**ROBERT KIRWAN, NORTHERN ONTARIO
TRUE SPORT COMMUNITY ANIMATOR**

**JIM MCLOUGHLIN, FOUNDER
VALLEY EAST RENEGADES**



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lives here**

TRUE SPORT PRESENTS

A SPECIAL FOUR PART INTERVIEW

FEATURING

**Jim McLoughlin, Founder of the
Valley East Renegades Athletic Association**

&

**Robert Kirwan, Northern Ontario
True Sport Community Animator**



Valley East Renegades Athletic Association Demonstrates How The Values and Principles of the True Sport Movement Can Be Applied For The Good of Sport

One night during 1976 or so, Jim McLoughlin and a few of his “buddies” gathered around the table to discuss hockey over a couple of “cold ones”. Over 35 years later the youth of Valley East and Greater Sudbury are still benefiting from the results of that discussion. Jim, the only founding member who is still an active member of the Valley East Renegades Athletic Association, had a chance to sit down with Robert Kirwan, True Sport Community Animator for Northern Ontario, recently to share some of his memories and experiences.

Jim and Bob covered a lot of topics associated with minor hockey, including the need for coaches and volunteers to keep in mind the reason why children play sports in the first place – to have fun!

One of the fundamental principles that both True Sport and the Renegades believe in is the need for FAIR PLAY. Jim explained that in his mind sport organizations must pay more attention to making sure that young players are competing with their own calibre. “They are not going to get anything out of their hockey experience if they never touch the puck. It is critical for kids to play at their own level so that they feel they are part of the game.”

They also talked about the challenges faced with Rep Hockey, especially when parents have unreasonable expectations that their children will make it to the professional ranks. This just places undue pressure on the players, the coaches and the officials, ultimately often forcing the young player to quit the game and do something else.

If you have a chance to listen to all or part of the interview, you will enjoy the thoughts that are discussed by Jim and Bob. They offer much food for thought about youth sport and without a doubt you will recognize the passion that Jim has maintained all these years as he continues to put his heart into providing positive experiences for young boys and girls.

FOUR PART VIDEO INTERVIEW ON YOU TUBE

<u>Introduction</u>	<u>Part Two</u>	<u>Part Three</u>	<u>Conclusion</u>
<u>PLAY VIDEO</u>	<u>PLAY VIDEO</u>	<u>PLAY VIDEO</u>	<u>PLAYVIDEO</u>

Robert Kirwan and Jim McLoughlin engage in an open discussion about the history and mission of the Valley East Renegades Athletic Association, which was founded in the mid 1970’s and continues to provide support to the community through the world of sports. The four-part series covers over an hour of topics and thoughts about the issues and challenges that exist in minor hockey today. Jim also provides some excellent insight into the priorities that have been front and centre with the Renegades for over 35 years. The Valley East Renegades offer other similar sport organizations an excellent model from which to start if they are interested in ensuring that sport achieves its full potential.

Join the Movement.

Joignez-vous au Mouvement.

Go For It

*Always rise to the challenge.
Danceur how good you can be.*

Play Fair

*Play honestly and obey the rules.
It's only real when
competition is fair.*

Respect Others

*Respect teammates, competitors
and officials both on the field and off.
Win with dignity and lose with grace.*

Keep It Fun

*Have a good time.
Keep a positive attitude and
contribute to a positive atmosphere.*

Stay Healthy

*Respect your body.
Keep in shape.
Avoid unsafe behaviors.*

Give Back

*Do something that helps
your community.*



Vas-y

*Relève le défi.
Dépense-toi et amuse-toi!*

Fais preuve d'esprit sportif

*Joue honnêtement et adhère aux règles du jeu.
L'esprit sportif n'est réellement mérité
que lorsque la compétition est loyale.*

Respecte les autres

*Respecte tes coéquipiers et adversaires, les arbitres
et les officiels sur le terrain et en dehors du terrain.
Montre toi un joueur respectueux et un bon perdant.*

Amuse-toi

*Amuse-toi bien.
Prends une attitude toujours positive,
c'est la base de ta vie sportive saine.*

Garde une bonne santé

*Respecte ton corps et évite les mauvais comportements.
Ne t'engage pas dans des comportements dangereux.*

Donne en retour

Fais un geste en aide à ta communauté.

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