

# **VALLEY EAST TODAY** **Community Lifestyle Magazine**

[www.valleyeasttoday.ca](http://www.valleyeasttoday.ca) and [www.thelearningclinic.ca](http://www.thelearningclinic.ca)

# **ELECTION 2010**

**YOUR VOTE MEANS A LOT TO THESE KIDS**

**THEIR FUTURE RESTS  
WITH YOUR CHOICE!**



**Welcome To A Special Pre-Election Issue of The  
Valley East Today Community Lifestyle Magazine**



# Election Day – October 25, 2010 Mark It Down As A Turning Point in The History of Valley East

*Written by Robert Kirwan*

The long-anticipated 2010 municipal election is now coming down to its final day, Monday, October 25, 2010. Make no doubt about it, despite the fact that things have been relatively quiet during this campaign; the results will have a resounding impact on our future.

Since moving with my wife to our current home in Val Therese in March 1974, I have witnessed tremendous change and growth in the community of Valley East. We have a great deal to be proud of and owe a lot to our community builders for doing such a good job, especially in the areas of sports and recreation. This is still one of the best places to raise a family with a quality of life that is second to none.

We are now on the threshold of another chapter in our history. And the first page in that chapter is about to be written by each person who takes the time to cast an informed vote, either during one of the four advanced voting days that were held this past weekend, or on Monday, October 25.

A number of citizens demonstrated courage and a commitment to the future by putting their names forward as candidates for positions on City Council. Ron Dupuis was acclaimed in Ward 5, so he will serve for another four years. In Ward 6, we have a choice between Pete Chenier, Christine Guillot-Proulx, and Andre Rivest. We also have several people running for Mayor. They have been receiving most of the media attention, so readers should be well aware of their particular platforms.

When it comes to choosing representatives for the four local school boards, we have a number of choices that are listed below. This is the first time that I have personally decided to run for a position on a school board. As you know I chose to put my knowledge, experience and background up for consideration as a trustee with the Rainbow District School Board, serving Wards 5 and 6. For me, this is where I feel I can make the most significant contribution to the future of my community and to the future of the children in our school system. There are others who have decided to seek election as trustees for their own particular reasons. I would suggest that you try to find out more about them in the coming days so that you can make an informed choice when you cast your vote.

<i><b>Rainbow District School Board</b></i>		
<b>Gordon Ewin</b>	<b>Robert Kirwan</b>	<b>Ruth Ward</b>
<i><b>Sudbury Catholic District School Board</b></i>		
<b>Michael Bellmore</b>		<b>Geraldine Meskell</b>
<i><b>Conseil scolaire du district du Grand Nord de l'Ontario</b></i>		
<b>Robert Boileau</b>		<b>Francois Boudreau</b>
<i><b>Conseil scolaire catholique du Nouvel-Ontario</b></i>		
<b>Fern Bidal</b>	<b>Georges Boudreau</b>	<b>Marcel Legault</b>
		<b>John Robert</b>

# Where to Vote on Election Day

On OCTOBER 25, 2010, you will be required to vote in one of the designated polling stations. Your location is indicated on the voting card you received in the mail. The following locations along with the poll numbers are indicated below:

## Ward 5 \* Quartier 5

Confederation Secondary School 1918 Main Street West, Val Caron	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 14-1, 15, 16, 17, 17-1, 18, 19, 20, 21, 22, 23, 24
École secondaire MacDonald-Cartier 37 Lasalle Boulevard, Sudbury	25, 26, 29, 30, 31, 33
Queen Elizabeth II Public School 32 Dell Street, Sudbury	32, 34, 34-1, 34-2, 34-3, 35, 36, 37
Club Amical 553 Lavoie Street, Sudbury	27, 27-1, 28
Pioneer Manor 960 Notre Dame Avenue, Sudbury	32-1
<b>MOBILE POLLS</b> Elizabeth Centre 2100 Main Street, Val Caron	8-1 (10:00 a.m. to 3:00 p.m)

## Ward 6 \* Quartier 6

École séparée St. Joseph 1215 St. Anthony Street, Hanmer	1, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 27
<b>Golden Age Club</b> 26 Coté Blvd., Hanmer	2, 3, 3-1, 4, 5, 6, 7, 7-1, 8, 9, 10, 11, 12, 30, 31, 32, 32-1, 33, 34, 35, 36, 37
Valley East Citizen Service Centre/Library 4100 Elmview Drive, Hanmer	25, 26, 28, 29

**PLEASE NOTE:** Ward 6 residents should note that this year you will be voting at the Golden Age Club in Hanmer instead of Centennial Arena. Many people are accustomed to voting at the arena, but this year the polling station has been moved to the Golden Age Club.

**ARE YOU ON THE VOTER'S LIST:** If there is a chance that you might not be on the Voter's List, go to the following link to check. It is worth the time to make sure you are on the list.

[http://elections.greatersudbury.ca/wcms/index.cfm?app=w\\_elections06&use=/datafix/onvoterlist&title=Voter%20List&lang=en](http://elections.greatersudbury.ca/wcms/index.cfm?app=w_elections06&use=/datafix/onvoterlist&title=Voter%20List&lang=en)

# VOTER IDENTIFICATION REQUIREMENTS

Before you head out to vote, make sure you have a proper identification document with you. You will need your voter's notice that you received in the mail, plus an original document that contains your name, qualifying address and signature. Below are some of the documents that you can use as proof of your identity. This list is taken from the Municipal Election web site:

## **DOCUMENTS THAT SHOW NAME, QUALIFYING ADDRESS AND SIGNATURE**

An elector must provide an original copy of one of the following:

- An Ontario driver's licence.
- An Ontario Health Card (photo card).
- An Ontario motor vehicle permit (plate portion).
- A cancelled personalized cheque.
- A mortgage, lease or rental agreement.
- An insurance policy.
- A loan or financial agreement with a financial institution.
- A document issued or certified by a court in Ontario.
- Any other document from the government of Canada, Ontario or a municipality in Ontario or from an agency of such a government.
- Any document from a Band Council in Ontario established under the Indian Act (Canada).

OR

An elector may also produce one original copy of the document from each of the following lists:

## **LIST A - DOCUMENTS THAT SHOW NAME AND SIGNATURE**

- An Ontario driver's licence
- An Ontario Health Card.
- An Ontario motor vehicle permit (plate portion).
- A Canadian passport.
- A Certificate of Canadian Citizenship.
- A Certificate of Indian Status.
- A Veterans Affairs Canada Health Card.
- A social insurance number card.
- An Old Age Security Card.
- A credit card.
- A debit card.
- An employee identification card.
- A student identification card issued by a post-secondary institution.
- A union identification card or a professional licence card.
- A cancelled personalized cheque.
- A mortgage, lease or rental agreement for property in Ontario.
- An insurance policy.
- A document issued or certified by a court in Ontario.
- Any other document from the government of Canada, Ontario or a municipality in Ontario or from an agency of such a government.
- Any document from a Band Council in Ontario established under the Indian Act (Canada).

## LIST B – DOCUMENTS THAT SHOW NAME AND QUALIFYING ADDRESS

- An Ontario motor vehicle permit (vehicle portion).
- An income tax assessment notice.
- A Child Tax Benefit Statement.
- A Statement of Employment Insurance Benefits Paid T4E.
- A Statement of Old Age Security T4A (OAS).
- A Statement of Canada Pension Plan Benefits T4A (P).
- A Canada Pension Plan Statement of Contributions.
- A Statement of Direct Deposit for Ontario Works.
- A Statement of Direct Deposit for Ontario Disability Support Program.
- A Workplace Safety and Insurance Board Statement of Benefits T5007.
- A property tax assessment.
- An insurance statement.
- A mortgage, lease or rental statement for property in Ontario.
- A credit card, bank account, RRSP, RRIF, RHOSP or T5 statement.
- A CNIB Card or a card from another registered charitable organization which provides services to persons with disabilities.
- A hospital card or record.
- A document showing campus residence issued by the office or officials responsible for student residence at a post-secondary institution.
- A utility bill for hydro, water, gas, telephone or cable TV or a bill from a public utilities commission.
- A cheque stub, T4 statement or pay receipt issued by an employer.
- A transcript or report card from a post-secondary school.
- A document issued or certified by a court in Ontario.
- Any other document from the government of Canada, Ontario or a municipality in Ontario or from an agency of such a government.
- Any document from a Band Council in Ontario established under the Indian Act (Canada).

**This Is Valley East**  
*"Where People Make The Difference"*



The Valley East Today Community Lifestyle Magazine is a weekly publication that is designed to recognize the accomplishments and achievements of the “people making a difference in the community of Valley East.”

Valley East Today Community Lifestyle Magazine  
is a publication of

Infocom Canada Business Consultants Inc.  
Robert Kirwan, Publisher/Editor-in-Chief  
4456 Noel Crescent, Val Therese ON P3P 1S8  
Phone: (705) 969-7215  
email: [rkirwan@infocomcanada.com](mailto:rkirwan@infocomcanada.com)

[www.valleyeasttoday.ca](http://www.valleyeasttoday.ca)

## Open Invitation To Schools, Churches and Groups To Submit Articles of Interest & Photos

Valley East Today Community Lifestyle Magazine welcomes articles and photos from schools, groups, churches, and organizations. There is so much happening in our community each week, but we simply cannot get around to cover everything. You can help us out and at the same time keep the rest of the community informed by sending us photos and information about your events and activities so that we can publish them in Valley East Today for all to see.

Simply send me your story along with a photo or two and we will gladly publish it in one of our upcoming weekly magazines. Send the information in a Word document and attach the photos separately.

We have also decided to publish Valley East Today in a PDF format so that our readers are able to forward the attachment or link to all of their family and friends around the world. The public has been very happy with this decision and we look forward to providing them with even more in the form of content from the community.

All of the contact information you need can be found in the box below or at [www.valleyeasttoday.ca](http://www.valleyeasttoday.ca)

The Valley East Today Community Lifestyle Magazine is published by Infocom Canada Business Consultants Inc.

***Robert Kirwan, Publisher & Editor-in-Chief***

For Editorial Submissions or to inquire about advertising and marketing packages:

Phone: (705) 969-7215 or email: [rkirwan@infocomcanada.com](mailto:rkirwan@infocomcanada.com)

[www.valleyeasttoday.ca](http://www.valleyeasttoday.ca)

## Valley East Today Web Site Has Made An Attempt To Provide Candidates With a Forum

Residents deserve to find out as much as possible about the candidates who are up for positions as mayor, councillors or trustees. It is obviously up to each candidate to find a way to communicate to potential voters.

While we are accustomed to seeing hundreds of signs displayed around the community, signs don't tell you much. The name is certainly out in the open, but what else can you tell from a sign.

Candidates use a variety of communication strategies, including sending out flyers; mailing letters; meeting voters door-to-door; attending candidate debates; or, by posting information on the Valley East Today Community Web Site special election section.

Candidates have been invited to provide information that will be posted free of charge on the web site. Some have taken advantage of this offer, while others have yet to do so. It is expected that by the time Election Day rolls around on October 25, 2010, most of the candidates will have submitted material.

We would encourage you to take some time to visit the site by going to the following link:

<http://www.valleyeasttoday.ca/Election%202010/2010%20mainpage.htm>

If you have any questions for the candidates, feel free to submit them through the web site and we will forward them to the respective candidate.

Valley East also has a Facebook site that is linked from [www.valleyeasttoday.ca](http://www.valleyeasttoday.ca) Please feel free to visit the Facebook site and post your questions and comments on the social media network.

When you cast your vote on October 25, 2010, let's hope that you will have had a chance to learn as much as you need about each candidate so that you can make an informed choice. Otherwise, you can only go with the person you know, not just a name on the page or a name on a sign.

## ***PUTTING THINGS IN PERSPECTIVE:***

# **School Board Trustees Control An Annual Budget of over \$450M Compared To The \$520M Budget of The City**

As the Municipal Election Day comes ever so close, it may be time to put things into perspective as far as exactly what people will be voting on when they pick up their ballot on October 25, or during one of the Advance Voting sessions.

### **ONE VOTE FOR MAYOR – “CHAIR OF CITY COUNCIL”**

Every registered voter in the City of Greater Sudbury is guaranteed “one” vote regardless of where you live. You will be voting for the Mayor of Greater Sudbury. The Mayor is your selection as the “chair” of the City Council and your full-time “watch-dog” at City Hall. In actual fact, other than being the official spokesperson for the Council, his most important role is that of overseeing the day-to-day operations of the staff employed at Tom Davies Square. He really doesn’t have much authority over the staff, but if he notices policies that are not being implemented properly, or if he comes across unanticipated difficulties, he is responsible for bringing these to the attention of Council so that they may deal with the matter.

### **ONE VOTE FOR YOUR WARD REPRESENTATIVE**

You then get to vote for a Ward Councillor (unless you are Wards 1 and 5 where the incumbent was acclaimed). The Ward Councillor is your “official representative” on City Council. The Councillor is supposed to be your voice among the group of 13 who will be voting to decide on matters of utmost importance to your best interests during the next four years. This is the person you will contact if you have problems with City Hall. There are 12 Ward Councillors who form City Council under the direction of the Mayor, whom you have also voted on to act as chair. The City Council is in charge of a total annual budget of about \$520M and employs a staff of approximately 2000.

### **ONE VOTE FOR A SCHOOL BOARD TRUSTEE**

Most of the residents of Greater Sudbury will also have a third vote to elect a school board representative. There are four school boards in the City of Greater Sudbury, so you will be voting for the trustee candidate for the school board to which you designate your municipal taxes. Keep in mind that about 15% of the municipal taxes you pay each year go to the province as an education tax. The money collected by the province is then returned to each individual school board so that they are able to run their system. The person you select as trustee for your area sits with other elected trustees on the “school board” to oversee the operation of the system and to make decisions on policy. The trustees are actually monitoring the school system on behalf of the province, but as a “school supporter” you get a say in who represents your interests.

On a “composite” level, all school boards combined consist of 25 trustees elected by registered voters in Greater Sudbury. By comparison, you elect 12 Councillors and a mayor to run the city. In total, the school boards are responsible for administering an annual budget of approximately \$450M. The total number of employees working for the school boards is approximately 3,400, compared to the 2000 working for the City of Greater Sudbury. By comparison, the number of people employed by the school boards is at the same level as those working for the Sudbury Regional Hospital, with only Vale employing more in total number.

School Boards also have hundreds of millions of dollars in real estate holdings throughout the City of Greater Sudbury and generate a significant amount of economic spin off through the education-services industry, much like that experienced through the mining-services sector.

### **SCHOOL BOARD TRUSTEE HAS THE MOST RESPONSIBILITY WITH THE LEAST SCRUTINY**

When all is said and done, school board trustees hold more real estate assets, employ more local residents, and operate a budget that is almost the same as that being used at city hall. Yet, few people pay much attention to trustee candidates and for the most part, trustees are allowed to go about their business during the year with very little scrutiny during their term. On the other hand, every time a City Councillor or the Mayor makes a statement or brings forth a concern, the media attention is immediately on them and the public hears about it. Perhaps between now and October 25 we should all try to find out a bit more about the choices we have for trustee



## *Week of The Child Comes At An Appropriate Time This Year Reflections About Life by*

**Robert Kirwan, Publisher/Editor-in-Chief  
Valley East Today Community Lifestyle Magazine**

The Week of the Child 2010 couldn't come at a more appropriate time. Celebrated from October 16 through October 24, 2010, it comes right before one of the most important municipal elections we have ever had in this region. And it brings more attention to the significance of the school board elections.

The Association of Early Childhood Educators of Ontario (AECEO) initiated the Week of the Child in 1980 following the International Year of the Child. It was conceived as a time for communities to celebrate and focus on the young children of Ontario and to educate the public about the values of quality Early Childhood Education.

According to the AECEO, The Week of the Child is a time within our communities across Ontario to:

- \* reflect on the rights and the needs of our children
- \* renew our commitment to improve the quality of opportunities for all children and their families
- \* review how well we care for and educate the future adults, parents and leaders of Ontario

The Week of the Child aims to:

- \* bring together educators and share the latest information regarding the education and care of children
- \* create and heighten awareness of children
- \* provide exciting activities and events for children to participate in during the Week, which are both educational and fun
- \* encourage schools, companies and organizations to work for a common goal - children
- \* provide information that will involve people in discussing the needs of children
- \* improve home-school-community cooperation
- \* educate and enlist the help of the community in fulfilling their responsibilities to children
- \* inform the community of the variety and the quality of child care services that are available
- \* stimulate the coordination of existing services and to work towards improving the quality of programs

## ***REFLECTIONS***

Parenting is an art! Ask any mother or father and they will quickly tell you that there is nothing that fully prepares you for the role, but you soon discover that there is no job in the world that is more satisfying or more challenging. You can purchase any one of the hundreds of books on parenting. You can listen to advice from other parents. You can attend lectures and seminars. But when all is said and done, and all of your strategies and plans have been put into action, your children will be influenced mostly by one thing and one thing only!

That is a fact! No matter how many educational toys you buy, or how many books you read, always keep in mind that

your children are watching you and doing as you do, not as you say!

Let me illustrate with a little article that was written by a grown up child about her mother.

“When you thought I wasn’t looking, I saw you hang my first painting on the refrigerator, and I immediately wanted to paint another one.

When you thought I wasn’t looking, I saw you put peanuts out for the squirrels, and I learned that it was good to be kind to animals.

When you thought I wasn’t looking, I saw you make my favourite cake for me and I learned that the little things can be the special things in life.

When you thought I wasn’t looking, I heard you say a prayer, and I knew that there is a God I could always talk to and I learned to trust in God.

When you thought I wasn’t looking, I saw you make a meal and take it to a friend who was sick, and I learned that we all have to help take care of each other.

When you thought I wasn’t looking, I saw you give of your time and money to help people who had nothing and I learned that those who have something should give to those who don’t.

When you thought I wasn’t looking, I saw you take care of our house and everyone in it and I learned we have to take care of what we are given.

When you thought I wasn’t looking, I saw how you handled your responsibilities, even when you didn’t feel good and I learned that I would have to be responsible when I grow up.

When you thought I wasn’t looking, I saw tears come from your eyes and I learned that sometimes things hurt, but that it’s all right to cry.

When you thought I wasn’t looking, I saw that you were proud of my accomplishments and I wanted to be everything that I could be.

When you thought I wasn’t looking, I learned most of the important things I needed to know to be a good and productive person when I grew up.

And now, as I stand here looking at you lying there in your casket, I know that you are looking at me too and I want to say “Thanks for all the things I saw when you thought I wasn’t looking.”

Whatever your role in life – parent, guardian, grandparent, aunt, uncle, teacher, or simply as a volunteer working with children – you must always remember that it’s the things we do when we think no one is watching that influence others the most. And believe me, children see everything. They may not see their toys that have to be picked up; or the dishes that have to be put in the sink; or the bed that wasn’t made; or the socks on the floor; but they see what you are doing and how you handle yourself in situations. Children want direction, and they certainly are given direction from parents, teachers, grandparents, etc. But the lessons they learn best are from what parents, teachers and grandparents and other adults around them do - not what they say.

So remember to keep in mind, no matter what you are doing, that someone is watching. Make sure that what you do or say is something you would want your children to follow. The Week of the Child is a good time to review your lesson plans.

***Have a good week!***

## HOPE

*by Kevin Shanahan*



*The following is one of the articles that have been written by Kevin Shanahan a local writer who has been battling cancer for a number of years. He shares his thoughts about life in the hope of providing inspiration to others who are dealing with this dreadful disease as well as other challenges in life. Kevin has provided us with a selection of over fifty different articles that Kevin has written for us so that our readers may share some of his inspirational words.*

My brother could not understand why his co-worker( who had been diagnosed with terminal brain cancer) would travel all the way to another province to try a different treatment to, possibly, save his life. After all, terminal is terminal. I reminded him about his favorite "old" car that the mechanic said was just worn out. Now, he loved that old car and when he heard about this crackerjack mechanic in another part of town it didn't take long for him to bogey on over there. This crackerjack fixed his old car.....would you not do the same for yourself??

This same brother, who was a tremendous support throughout my battle with cancer, wasn't really a strong advocate of the Power Of The Mind and this created some heated e-mails between us. One e-mail, his exact words were; "You're not looking at reality at all. You think that all cancer patients, if they are positive, will survive. That's not reality. That's Hope!!!"

Last night I attended a monthly "Support Group" meeting, "People Living With Cancer". Hope was one of the topics. One lady wrote that there are others that seem to feel a responsibility to puncture your hopes. When they say your dreams are false from which you must be protected. God forbid anyone should go around entertaining false hope. But in a sense, what other kind of hope is there? There is a worse scenario than false hope. It is no hope.

Hope is willing to take a chance on the future. And who is audacious enough to say what the future will bring. Hope is the ability to see something on the horizon, that we are willing to move forward. If our hope gets us from today to tomorrow, and in that new day we are ready or able to deal with something we thought we could not face, then hope has done it's job.

One new friend, through cancer, called me her "Cancer Buddy". We try to be there to help each other through the rough times. There are lots of us who are willing to share our hopes and dreams and how we got through it. We learn from each other. We support each other. If you are going through surgery, chemotherapy, radiation or you have already beat cancer then come on out and join us. And bring your spouse, the caregiver. We meet the third Wednesday of every month, at the Canadian Cancer Society building, on Regent...670-1234

We remind ourselves of the frog, who was deaf, and was able to climb to the top of a building when all around him people kept telling him it was impossible. Don't listen to those who would puncture your hopes, your dreams. And stick to the fight when you're hardest hit, It's when things seem worst, that you must not quit.

A photograph of Robert Kirwan, a man with short brown hair, wearing a maroon polo shirt and white trousers. He is standing in a lush garden with a stone waterfall in the background. The waterfall is made of grey rocks and has a large pipe at the top. There are various plants, including purple flowers and green foliage. The text "Robert Kirwan Trustee Candidate Rainbow District School Board" is overlaid in a black, stylized font in the upper right corner of the image.

**Robert Kirwan**  
**Trustee Candidate**  
**Rainbow District School Board**

**Robert Kirwan, OCT, B.A.(Math), M.A.(Education)**  
**Candidate for Trustee, Area 3 (Wards 5 & 6)**  
**Valley East & Cambrian Heights Area**  
**Rainbow District School Board**

I made the decision to run for the school board the moment I saw the picture of my two granddaughters on the right. As I looked at the two of them snuggled up safely in the palms of the giant hands, I realized that the time has come for me to step forward to be the guiding hands for them and all of the other children in our schools.

It was apparent that I would not be able to live with myself if I simply sat back and allowed them to risk their future in an education system that is clearly not meeting the expectations of many parents and grandparents. I have the experience and the knowledge that will enable me to make a significant difference in the lives of all children of the area, therefore it is time for me to accept responsibility for using the talents I have been given in a way which will benefit all children who are currently in our elementary and secondary schools, or who will be enrolling some time in the future. In order to achieve this goal I am coming to you and all other English Public School Supporters in Wards 5 and 6, to humbly ask for your vote in the October 25 election so that I may take my place as a Trustee with the Rainbow District School Board for the next four years.



# If You Always Do What You've Always Done, You'll Always Get What You've Always Got!

*by Robert Kirwan, Candidate For Trustee, Area 3, English Public Board*



The greatest problem with our education system at this time is that the trustees who are responsible for setting policy have been around so long that they have stopped asking the right questions. Policies that were useful 10 or 20 years ago are no longer effective in meeting the realities faced by students and classroom teachers today. The Rainbow District School Board consists of two trustees who have been in office for over 20 years, three who have been in office for 12 years, two who have been there 7 years, and they are all running again. The day-to-day operations are being supervised by people who, in some cases, have been out of the classroom for well over 20 years. It is no wonder that students, teachers and parents are so frustrated with the state of education today. We need a fresh point of view to bring a new perspective to the table.

It reminds me of the story about the young girl who was watching her mother preparing to cook a roast. The girl asked her mother why she cut the ends off of the roast before putting it into the pan. The mother stated that is how her mother always did it, so they went to the girl's grandmother to ask for an explanation. The grandmother said that was how her mother used to cook her roasts so she just followed her example. So they all took a drive over to see the elderly lady to discover the secret of why she always cut the ends off her roast before placing it in the pan. When they asked the question, the young girl's great-grandmother smiled and said, "Back in those days I only had a small roast pan. The roasts were always too big to fit into the pan so I had to cut the ends off so the roast would fit."



This story is so indicative of what is happening in our schools today. I intend to be like the little girl in the story above. If something doesn't look right, whether that is a policy of the board or a recommendation by administration, I am not just going to accept it. I intend to ask the right questions so that we stop doing things that no longer make any sense.

Fortunately, one person CAN make a difference in the entire school system if he has the background, knowledge and experience to know what questions to ask. I am aware of the realities faced by students, parents and teachers. I understand the true impact policies may have on students, parents and teachers. And I have the self-confidence to stand up and fight for choices that will be in the best interest of all children.

I long for the peace of mind that comes from knowing that my grandson will be able to enjoy all the wonders this life has to offer, like taking his dog on carefree walks along the trail and an education system that will allow him to develop his full potential. If you give me your vote of confidence on October 25, I guarantee that I am ready to take on the job of protecting his future and the future of all children. If you want to know more about my background and/or my thoughts on key issues in education, please go to my web site at

[www.kirwan.ca](http://www.kirwan.ca)



# ***NEW ORLEANS PIZZA IS QUICKLY BECOMING A TRUE CORPORATE LEADER***



**VAL CARON  
523-8080**

***OPEN SEVEN DAYS A WEEK AT 11:00 A.M.***

**SUNDAY TO WEDNESDAY  
OPEN UNTIL 9:00 P.M.**

**THURSDAYS  
OPEN UNTIL 10:00 P.M.**

**FRIDAY & SATURDAY  
OPEN UNTIL 12 MIDNIGHT**

Make sure you visit the Valley East Today Corporate Web Page for New Orleans Pizza by clicking the following link:  
[http://www.valleyeasttoday.ca/newsmagazine/Corporate%20Profiles/new\\_orleans\\_pizza.htm](http://www.valleyeasttoday.ca/newsmagazine/Corporate%20Profiles/new_orleans_pizza.htm)

## ***NEW ORLEANS PIZZA IS A FULL YEAR AHEAD OF THE MINISTRY COMPLIANCE REQUIREMENTS***



New Orleans Pizza has been providing lunches to schools and school groups for over 30 years and is proud to announce that it has altered its products to meet the new requirements set out by the ministry of education a full year before it will become mandatory. Some schools are making it mandatory now so this is something they might like to know.

New Orleans Pizza provides a school lunch menu where over 80% of its products are in the Sell More Category as outlined by the Ministry of Education's School Food and Beverage Policy. This is good news for teachers and principals who like to schedule weekly pizza lunches which comply with the requirements. New Orleans Pizza has a proud reputation for quality products and do not compromise when it comes to maintaining a high standard of nutrition. For more information you should contact Vicky Wydra at 523-8080.

# Heatwave Tanning Salon Has Information For Parents About Safe Use of Tanning Beds



With four locations to serve you, Heatwave Tanning Salon has become the preferred tanning spa in the Greater Sudbury Area. Each month you will find special deals that will help you stretch your dollar as far as possible. Ron and Andrea are also pleased to provide you with all the information you need about how to tan responsibly, whether in their tanning beds or on the beach. You can also save money on lotions whenever you buy any tanning package.

Make sure you check out the monthly specials that are available from now until Christmas.

Ron and Andrea also invite people to call them up to discuss the safety measures that have been incorporated into the Heatwave Tanning Salon policy. There is much concern about the safe use of tanning beds and Ron and Andrea wish to

assure all local residents that no one is more concerned about the safety of their clients than they are. Visit the web site for more information <http://www.valleyeasttoday.ca/Heatwave/> or call Ron or Andrea at 897-4006

## *Ron Pedneault of Fantastic Floors Has The Secret*



Ron Pedneault opened Fantastic Floors in the fall of 2005 after gaining years of experience in the flooring and construction industry. He built his business by providing customers with the kind of personal service that demonstrated the pride he has in always doing his best. Today his business is thriving because local residents appreciate the efforts he puts in to satisfy their needs. This is a perfect time of year to stop by the Val Caron location of Fantastic Floors and speak to Ron about projects you have in mind for the summer cottage or your mobile homes. You will find some special "cash and carry" deals on carpets and flooring that will certainly suit your needs and your budget. Ron always has something on sale so stop by before you head out to camp this weekend. [CLICK HERE FOR THE FANTASTIC](#)

[FLOORS PROFILE>>>>](#)



## *VCCNET.ca Internet Solutions Offers Full Range of Internet and Communication Services for Home or Business*

VCCNet.ca Internet Solutions is subsidiary of Valley Computers & Consulting Services and is a locally owned and operated business that has offered affordable, cost effective telephone, long distance, and internet

solutions since 2001. If you need any of these services for you home or office you should visit the web site at [www.vccnet.ca](http://www.vccnet.ca) to find out more about the services available and even get an indication of the low prices that are offered at this time. Give Edgar a call and he may be able to save you plenty of money while giving you the kind of service that you thought was no longer available.

**To My Best Friend**  
**MEMORIAL FOR MERYL COULDRIDGE (JAN. 1944 - OCT. 2009)**  
*written by her loving husband, Reg Couldridge*



I thought of you with love today, but that is nothing new  
I thought about you yesterday, and days before that too,  
I think of you in silence. I often speak your name  
All I have are memories, and your picture in a frame

Your memory is my keepsake, with which I'll never part  
God has you in His keeping. I have you in my heart.  
We shared our lives for 50 years.  
You held my hand; you held my heart.  
So many blessings, so few tears –  
Yet for a while we have to part.

The memories you gave me  
were shared with my best friend  
I'll hold them safe for us,  
until we can share them once again.  
To my best friend I kept my promise,  
to love, honour, and share.  
I kept my promise that to you  
that I would always try to be there.

Until death do we part, that is what they say.  
Oh my love why did you leave me that day?  
I wasn't ready for us to say any goodbyes,  
I look up to the heavens with tears in my eyes,

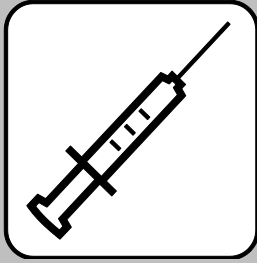
I was no where ready for you to die.  
Why did you leave without saying goodbye?  
I have so many questions and as much as I try  
I can find no answers as to possibly why.

I would have gone with you, however God knows best  
He took you to join Him and gave you peace and rest.  
God thought I was not ready, not just yet,  
So I am left behind with one sad regret

I did not get to tell you for the one last time  
that I love you, and that forever you were mine.  
My best friend you knew that from the day we met.  
I know it now and I will never forget.

I will be seeing you soon when God speaks my name  
calling me to come and be with my best friend again.





# BE FLU WISE IMMUNIZE



Your best defense against the flu is your yearly flu shot. All Ontario residents aged six months and older, especially seniors, emergency personnel and those with medical problems, should get a flu shot.

Because the flu virus changes often, it is necessary to get the flu shot every year for protection against the virus strains that may be circulating that year. You cannot get the flu from the flu shot because the vaccine does not contain live virus.

To help you beat the flu, the Sudbury & District Health Unit has scheduled a series of FREE, convenient flu shot clinics at these locations:

**No appointment needed!**

<b>IN CAPREOL</b>	
Capreol Community Centre/Arena	Tuesday, November 2, 2010 from 3 p.m. to 7 p.m.
<b>IN VALLEY EAST</b>	
Val Est Mall located in Val Caron	Wednesday, November 3 from 3 p.m. to 7 p.m.
	Thursday, November 25, 2010 from 3 p.m. to 7 p.m.
Neil's Your Independent Grocer, Hanmer	Tuesday, November 16, 2010 from 3 p.m. to 7 p.m.
Hanmer Valley Shopping Centre	Saturday, November 13, 2010 from 10 a.m. to 4 p.m.

**You can also get your FREE flu shot at your doctor's office, a walk-in clinic, or a community health centre.**

**Flu Facts Hotline  
(705) 522-9200, ext. 301**

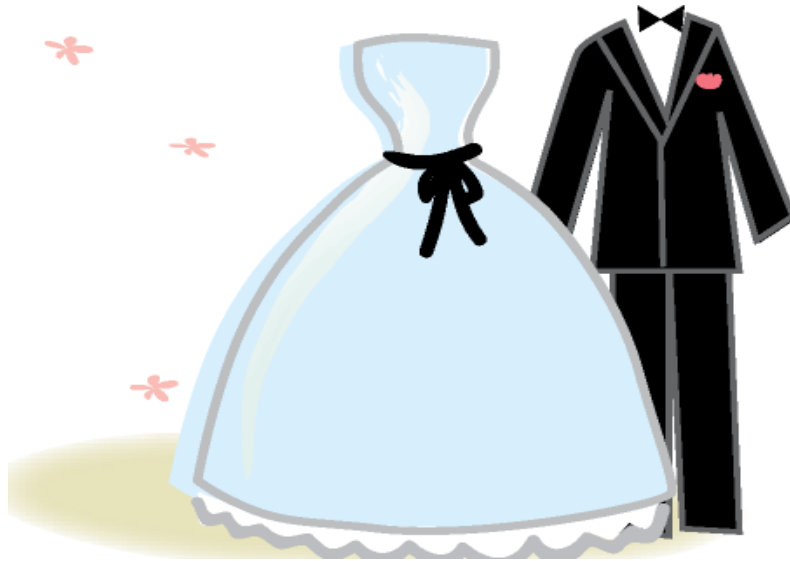
**[www.sdhu.com](http://www.sdhu.com)**



Sudbury & District Health Unit  
Service de santé publique de Sudbury et du district

# Special Announcement

*Mark & Jodi  
New Years Eve  
Stag & Doe*



**Saturday, December 31<sup>st</sup>, 2010 @ 8pm Capreol Arena**

**Advance Tickets are \$20, at the door \$25**

**Semi-Formal, Live DJ & Dance**

**Call Jaime Briscoe for tickets 690-5772**

# SPECIAL ANNOUNCEMENT

FOR IMMEDIATE RELEASE

October 18, 2010

Contact: Chris Coulombe 705- 677-4980

Val Caron – In commemoration of the 49<sup>th</sup> Carol Richard Park Community Association (CRPCA) “Annual General Meeting”, community members and Board of Directors will reflect on the nearly 50 year history of the Association on Wednesday, October 20, 2010 and determine the future of the last and only incorporated and not-for-profit Community Hall in the Valley East area!

From 7:00pm to 8:30pm, community members will come together for the Annual General Meeting and discuss strategies on overcoming the challenges in managing the community hall, and review the association vision and direction for the future.

Special guests; Councillor Ron Dupuis and City of Greater Sudbury Leisure Services representative will attend the meeting and share their views and opinions.

The CRPCA works with community members and partners to strengthen the community well-being. To maintain, and operate the Association playground, skating rink, community hall and coordinate/plan community events, such as; Winter Carnival and other special events.



**The media is invited to attend the AGM taking place**

**Thursday, October 21st from 7:00pm to 8:30pm  
at the Carol Richard Park Community Hall,  
1695 George Street, Val Caron, Ontario.**

## EDITOR'S NOTE:

This is a very important meeting that should be of interest not only to the people who live in the Carol Richard subdivision, but also to all parents living in Valley East who have enjoyed the benefits of bringing their children for recreational activities at the playground during the past several years. If volunteers are not found to help operate the association, then the entire community will suffer. It is time to return to the days when young parents and grandparents stepped up to assume responsibility for volunteering their time and energy to make sure that neighbourhood playgrounds and parks added to the quality of life of young children. Please make an effort to attend this meeting and see if there is anything you can do to help.

## Learning Hearts Daycare Holds Official Opening at Immaculate Conception School in Val Caron



Mayor John Rodriguez was on hand to congratulate the Learning Hearts Daycare and the Sudbury Catholic District School Board for creating a wonderful learning environment for young children at Immaculate Conception School in Val Caron. In the photo he is shown helping Issac Callaghan cut the ribbon to officially open the centre on September 30, 2010. Issac, 10, is a member of the daycare and attends Grade 5 at Immaculate Conception School. Others included in the photo include Mary Chernenko, Director of Learning Hearts Daycare in the background, and Louisa Bianchin, Principal of the school.

Learning Hearts Daycare has been in operation since 1996, offering a wide variety of programs to children from infants to 12 years of age in three different locations. They are situated at St. Mary School and C.R. Judd Public School in Capreol, and are now proud to have opened up their new centre at Immaculate Conception School in Val Caron. The day care centre is licensed by the Ministry of Community, Family and Children's Services. It is a non-profit corporation, governed by a volunteer Board of Governors and obtains its funding through fees paid by parents, subsidies from the City of Greater Sudbury, grants and funds raised at the Valley Bingo. Parents also hold several fund-raising events during the year. For more information about the Learning Hearts Daycare at Immaculate Conception School you should contact Mary Chernenko at 897-7779 or by email at [learninghearts@childcare.on.ca](mailto:learninghearts@childcare.on.ca)

# Our Living History

## **Take A Trip Down Memory Lane With A Visit To Our Living History On The Valley East Today Community Web Site**

<http://www.valleyeasttoday.ca/newsmagazine/Living%20History/homelivhist.htm>

Click on the link above and you will find yourself in the middle of hundreds of articles and photos about the people who have been making a difference in Valley East during the past several years. It is a fitting tribute to the community that we have so many wonderful people who are committed to providing residents with such a great choice of activities and organizations in which to become involved. I am sure that you will see many people you recognize in the stories. You may also be the subject of some of these articles. The best thing is that you can forward the link to all of your friends on the internet and help us spread the message that Valley East is a pretty good place in which to live.

## **Could This Be A Possible Solution That Will Keep Small Rural Schools Open?**

All school boards in the province are going to be dealing with school closure recommendations as a result of the annual accommodation review process that has been demanded by the Ministry of Education. Unfortunately, because of the economies of scale, this means that a large number of small, rural schools will end up on the chopping block so that more students can be housed in larger more centrally located facilities.

This is a problem that may only be solved through the creation of a completely new delivery model for small and rural area schools. For example, whether you are a parent living in a subdivision in downtown Toronto, or you are living in the little Town of Wanup, when it comes to the education of your primary and junior grade level children, you have common priorities. You want your children to get the best education available and you want them to attend a school that is contained within your immediate community close to home.



Unfortunately, these two goals are often conflicting within our current system. Changing population patterns in certain geographical pockets of the province are creating situations where there are not enough students to make it feasible to keep a community school open. This means that in order to provide children with a good education and to be fiscally responsible to the board as a whole, some smaller schools must be closed and children bussed to a larger school in a neighbouring community or subdivision. Regardless of where you live, the closing of your community school can be extremely upsetting not only to your children but to your entire family and way of life.

What is happening in most school boards may very well result in the creation of a “unified school model” that can be used in small and rural schools in order to make them viable from both a financial and pedagogical point of view. In other

words, we may soon see all four school systems operating under one roof in certain areas of the province in order to allow children living in these affected areas to continue to receive their primary and junior grade education close to home, in their community or neighbourhood school.



In order for this to happen, all of the boards and the parents involved will have to agree that the most important consideration for young children is the development of solid learning skills that will enable them to be successful in later grades. Religious and language preferences may have to be put aside for a while in order to allow for the mixing of all Grade one students from the area into the same class in one building instead of splitting them into four distinct schools that must all fight for their very survival. This does not mean that children will be denied their right to the type of education they desire, it just means that they will have one teacher providing a program that is adapted to the needs of everyone in the classroom. With creative planning and organization it will still be possible to develop the desired learning skills and still be able to achieve the most important expectations with respect to language and religious development. The delivery model may have to be different from that to which we are accustomed, and it may require some flexibility with respect to enrolment, budget and collective agreement matters, but it can be done.

Listen closely to the concerns expressed by parents when they attend school board accommodation review meetings. The biggest complaints are that parents want to keep the local school open in their community and they do not want their children to have to travel great distances by bus to attend another school. These two concerns can easily be addressed with the creation of a new school model which would allow all of the students to attend one school together in mixed classes. This would satisfy the desire of parents and municipal leaders to keep a school open in their community. Students would be able to receive their education up to the end of Grade six within their community school and then be shipped off to their respective school board's closest school when they hit Grade seven.

The Ministry of Education advisor may find that there is not much more that can be done by the administrators and trustees. This is simply the way it is and the way it will continue until a new model has been created and accepted by all parties to address the situation.

## ***UNIFORM EDUCATION TAX RATE MEANS WE ALL PAY THE SAME***



With the Uniform Education Tax Rate in effect, it doesn't matter what your school support is, we all pay the same rate on our property assessment when it comes to education. At one time each of the school boards would set their own tax rate. Property owners would often switch their school support to the board with the lower tax rate to save money. Now that the province determines the tax rate and collects the education tax revenue so that it can be distributed equitably, the local school boards have nothing to do with the tax rate.

This means that when you go to vote in the municipal election on Monday, October 25, 2010, you are permitted to switch your school support if you wish in order to vote for a particular trustee candidate. There are some qualifications when it comes to French School support. For example, you must have received your own education in French or your mother tongue must be French. Similarly, to be a Separate school supporter, you must be Roman Catholic. However, anyone can be an English Public School supporter.

Therefore, when you do go to vote, check to see what your school support is listed at. If you want to change and you are qualified to make the change, just ask and you will be given a very simple form to fill out and sign and then you will receive the ballot that includes the name of the trustee you wish to vote for.

## Parent – Teacher Interviews Identify The Need For A Personal Tutor



This is the time of year when many schools hold their first parent – teacher interviews. Mid-Term Reports have been developed and trends or patterns may have begun to emerge which indicate that your son or daughter may require some additional support from a personal tutor in order to keep up with the demanding expectations of our modern curriculum.

The Greater Sudbury Learning Clinic provides one-on-one, in-your-home personal tutoring for students from JK to University. Instructors are not only knowledgeable about the curriculum, they also can provide the kind of “coaching” that will enable your child to develop essential learning skills and strategies that will ensure success in studies for years to come.

If you would like to find out more about the options that are available through the Greater Sudbury Learning Clinic you should take several minutes to go through the web site at [www.thelearningclinic.ca](http://www.thelearningclinic.ca) It may be the best five or ten minutes you have ever invested in your child’s education.

# *The Learning Clinic* *Education & Career Development Agency*

## PRIVATE PRACTICE OF ROBERT KIRWAN, OCT, B.A. (Math), M.A. (Education)



The Learning Clinic Education Centre, is one of the largest personal tutoring agencies in the Greater Sudbury Area with over one hundred (100) personal instructors available to provide tutoring assistance to students of all ages, in all grade levels, and in both official languages. We specialize in providing personal one-on-one, in-your-home tutoring assistance to elementary, secondary and post-secondary school students.

For a more comprehensive overview of the programs that we offer, I would suggest you visit the web site at [www.thelearningclinic.ca](http://www.thelearningclinic.ca)

Below, I have tried to provide you with answers to the most frequent questions that are asked about The Learning Clinic.

### ***IS THE LEARNING CLINIC PART OF A FRANCHISE OPERATION?***

“The Learning Clinic” is the private practice of Robert Kirwan. It is not a franchised operation. We therefore have the ability to meet the unique needs of each child who seeks assistance. Most of the other tutoring companies operating within the Greater Sudbury area are part of a franchise chain. This means that in order to be consistent throughout the franchise they must adopt a more or less standard procedure and content base for their instruction. Students will therefore be

required to develop their skills using standard exercise sheets that can be marked and evaluated using a central grading system. Local franchise owners do not always have the freedom to make adequate adjustments to meet the needs of individual students.

At The Learning Clinic, our tutors treat each student differently, developing a program that is unique to their individual needs. There are no two situations that are alike at The Learning Clinic, and no two students will be doing the exact same work. A "Franchise Owner" must exert a certain amount of control over local franchisees, and this control has a limiting effect on what can be done to meet the needs of children seeking tutoring assistance. The Learning Clinic has no such limitations and is therefore completely "student-focused" as opposed to being "program-focused" as is the case in most other tutoring situations.

### ***WHERE DOES THE TUTORING TAKE PLACE ?***

The Learning Clinic sends a personal tutor in to your home to work with your child in a familiar environment. Some tutoring companies require you to bring your child to a specific centre at certain times of the day to work in a setting that is very similar to a regular classroom. We decided that it was more important for our tutors to witness the actual conditions under which your child works at home. Part of our responsibility is to help our students cope with the normal distractions at home in order to be able to develop the skills necessary to be successful when the tutor is not there to help out. We also tell parents to avoid making any changes in their normal routines while the tutor is present.

Our goal is to develop "learning skills" in our students. We want our students to learn how to learn, so our tutors must be aware of all of the distractions that are being faced by the child. We did not feel we could provide effective long-term skill development by working with children in an artificially created environment. To do so would have been just like creating another "school away from school". We also respect how busy parents are in the evening after school, so it makes it much easier if we come to you.



### ***WHEN IS THE TUTORING OFFERED?***



The Learning Clinic" allows a parent to schedule tutoring so that it does not interfere with the rest of the family plans. We work around your schedule. Some tutoring companies require you to meet with your tutor during specific times once or twice a week.

The Learning Clinic decided that it was important to be flexible and sensitive to the needs of the entire family. Therefore, our tutors will agree to meet with your child on a day and time that will be most convenient to you and your family. This means that tutoring may be on different days and different times each week. This is because we feel that some of the most important learning in a child's life takes place away from school, so whatever the family is doing to provide enriched learning experiences is important. We do not want to interfere with your role as a parent and will

therefore accommodate our schedule as well as we can to allow for tutoring sessions to supplement your activities. We do not feel it would be beneficial to the child for the rest of the family to adjust their schedule to fit the times for tutoring.

The only condition is that one or both parents, or another responsible adult must be present in the house while the tutoring is taking place.

## ***WHAT IS THE “LEARNING COACH” APPROACH TO TUTORING?***

The Learning Clinic” has adopted a “Learning Coach” approach to tutoring which utilizes a one-on-one instructional model.

Some tutoring companies require you to share a tutor with up to three other students. In that type of tutoring, each student is required to work on a different assignment sheet exercise, with the tutor available to answer questions and give direction when needed. When the student successfully completes the page, he/she gets a reward and then goes on to the next page. This “mastery learning” approach may result in the learning of specific skills that produce good results in an upcoming diagnostic test. However, we do not feel it will produce the long-lasting skill development that comes from one-on-one “coaching”.



We help our students “discover” their skills and build upon their strengths so that they better retain what they have learned for future situations. Mastery does come with one-on-one tutoring, but it tends to have a much more long-lasting impact on the student.

## ***HOW MUCH DOES IT COST FOR TUTORING WITH THE LEARNING CLINIC?***

The Learning Clinic” has been able to provide a program that is affordable for most families. As with most things in life, you always get what you pay for. Tutoring is no different. Unfortunately, tutoring is something that many families may not feel they can afford. The Learning Clinic has found a way to allow parents to adjust the tutoring they receive to fit their budget.



Our fee is \$40 per hour, and includes all taxes. This is comparative to the hourly rate charged by the other major tutoring companies in town.

We require that the tutor meet with your child for a minimum of 90 minutes each session, but you are welcome to extend the sessions to two or more hours if needed. The minimum time is necessary so that the tutor has time to provide effective instruction to your child and also have time to discuss your child

## ***HOW LONG DO WE HAVE TO COMMIT TO YOUR PROGRAM?***

The Learning Clinic” will not commit you to a long-term contract.

The only thing we require is an initial commitment of twelve hours. You may pay for this in two installments if you wish. When you meet with your tutor for the first session you will provide the tutor with two cheques of \$240 each. One will be dated the day of the first meeting and the other can be post-dated one month later.

Therefore, after the initial period your only commitment to The Learning Clinic is for six hours at a time. You are not required to sign a contract that forces you to remain with a program that is 30 or 40 weeks in duration. Once the time you have purchased is up, you have the option of continuing for another six hours or terminating the tutoring. A number of our students have been with their tutor for up to two years, while others go through 12 or 18 hours and then stop for any number of personal reasons. This policy is especially popular with high school students who may wish to hire a tutor to help with the last month of school, just before exams. They may only need the tutor for 12 hours, so why pay for anything more.



The other reason we wanted to maintain this six-hour commitment is because conditions change in a family and we did not want to be an added burden in times of need. When selecting a tutoring company for your child, you should examine contracts carefully. For example, The Learning Clinic does not penalize you if you are forced to cancel a session for any reason. We merely re-schedule at a later date. You don't lose time or money. You may also suspend tutoring for an extended period of time and then pick it back up again at a later date. Any hours you have remaining from your last session will simply be used to begin your new block of time.

***IF I HAVE OTHER CHILDREN WHO NEED HELP, DO I PAY EXTRA FOR TUTORING?***

The Learning Clinic” sends a tutor who will work with all of the children in your family. While most tutoring situations only involve providing instruction to one student, parents appreciate the fact that if they have more than one child, they can request a tutor with the qualifications to provide assistance to all children in the household.

There is no additional charge for this service. You are paying to have a tutor come into your house for six hours. How you divide up that time is completely up to you. For example, there are some situations where the tutor will work with one child for one hour and then the other child for 30 minutes. The parent pays for 90 minutes of tutoring service whether there is one child or two. Most franchise companies will charge you an amount for each child. The Learning Clinic does not charge extra for this service.



***DO YOU GUARANTEE MY CHILD WILL IMPROVE?***

The Learning Clinic” maintains that you CANNOT guarantee the success of tutoring programs.

While some franchise companies claim to “guarantee” that your child will improve by at least a full grade level from the tutoring program, The Learning Clinic will NEVER make such a guarantee.



As a professional educator who has been practicing since 1973, I assure you that no one can guarantee any level of success when it comes to learning.

I will guarantee that your child will benefit positively from the tutoring he/she receives from The Learning Clinic and that it should make him/her a better student. However, any guarantee that a child will improve by one or two grade levels will always include some very strict conditions. For example, some companies will have your child take an initial “diagnostic” test which will reveal certain deficiencies in specific skill areas. A program of instruction will then be designed to work on those skills over a set period of time, usually about 30 to 40 weeks or sessions. A second diagnostic test will be administered at the end of the program. This end-test will usually reveal significant growth in the weaker areas, thus enabling the company to justify its guarantee. The Learning Clinic would rather focus on improving the overall learning skills of each student so that success can be achieved in class. We supplement the work being done by the classroom teacher and are therefore more concerned with helping our students “learn how to learn” rather than “learning how to complete work sheets”. Our approach has proven to be the one that provides the most long-lasting results.

**FOR MORE INFORMATION CONTACT**

**ROBERT KIRWAN at (705) 969-7215**

# Personal Tutoring Services

ELEMENTARY

SECONDARY

POST-SECONDARY



## A Learning Coach Approach To Tutoring



### FREE CONSULTATION & ASSESSMENT

ONE-ON-ONE INSTRUCTION  
ALL GRADES – ALL SUBJECTS  
YOU CHOOSE THE TIME & DAY

IN YOUR OWN HOME  
ENGLISH or FRENCH INSTRUCTION  
AFFORDABLE PROGRAM

### Over 100 Qualified Instructors To Help You

Learn new concepts and skills

Catch up on past assignments

Develop organizational skills

Develop time management skills

Improve communication skills

Set realistic goals & objectives



Keep up with your class

Complete new projects

Prepare for tests and exams

Improve your work habits

Increase self-confidence

Plan for the future

CONTACT ROBERT KIRWAN TO DISCUSS HOW WE CAN CREATE A PERSONALIZED PROGRAM THAT WILL MEET YOUR NEEDS AT AN AFFORDABLE PRICE.  
AVAILABLE SEVEN DAYS A WEEK FROM 9 a.m. TO 9 p.m.

Visit [www.thelearningclinic.ca](http://www.thelearningclinic.ca)

or call (705) 969-7215

**THE LEARNING  
CLINIC**

**EDUCATION CENTRE**

Education, Training & Career Development Resources for Students, Teachers & Parents as well as Institutions & Business